



CONTINUING EDUCATION STANDARDS

As a SATYA member, you must maintain *Current Standing* by successfully completing Continuing Education on a regular basis. The frequency depends on your level of training. The courses that qualify include:

1. Any Advanced Teacher Training (ATT) course except ATT 76 & 77.
2. Any Yoga Teacher Training (YTT) course or YTT Review course

Foundations of Svaroopa® Yoga	Experiential Anatomy
Foundations Review	Embodiment® Yoga Therapy
YTT Levels 1, 2, 3 or 4	Embodiment® Weekend
3. Svaroopa® Yoga Teachers conference (Teacher Track)
4. Enrich Your Teaching Skills (EYTS) courses that include poses, including:

New & Renew – Level 1	Deceptive Flexibility
New & Renew – Level 2	Embodiment® PLUS
Special Needs Yoga	and others as they are created
5. TTT courses

The frequency of your Continuing Ed requirements depends on the level of your training:

CSYT's (Certified Svaroopa® Yoga Teachers)	successfully complete one of the above every 2 years (within 24 months of your last qualifying training)
Teacher-in-Training, having completed YTT Level 2	successfully complete one of the above every year (within 12 months of your last qualifying training)
have completed Foundations or YTT Level 1	successfully complete one of the above every 6 months (within 6 months of your last qualifying training)
Leading Teacher	successfully complete one of the above every year (within 12 months of your last qualifying training)

Returning to *Current Standing* – if you are not in *Current Standing*, you can return to *Current Standing* by successfully completing a Teaching Review or one of these courses:

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| Foundations | Embodiment® Yoga Therapy |
| Foundations Review | Experiential Anatomy |
| Beyond Foundations | New & Renew: Level 1 |
| Repeat any YTT level you have completed previously | New & Renew: Level 2 |

Please contact one of our Enrollment Advisors with any questions or to get support in creating your Continuing Ed plan, or to let us know if extenuating circumstances affect your ability to remain in *Current Standing*.

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