



SATYA

SVAROOPA® ASSOCIATION OF TEACHERS AND YOGIS

What is SATYA?

SATYA is a resource and networking organization that serves teachers and committed practitioners of Svaroopo® yoga. Membership* is open to all graduates of the Foundations course. SATYA also provides a venue for teachers to support the work of Master Yoga Foundation as well as our Master Teacher, Swami Nirmalananda Saraswati.

SATYA was started in 1999 by Svaroopo® yoga teachers. The Sanskrit term “*satya*” means “truth,” referring to your own

divine essence, as well as the practice of speaking only the truth in order to align yourself with your own essence.

Membership ensures that you get a continuous flow of deeper teachings, stories, and clarifications in your practice. The many benefits are designed to support teachers, while many deeper yogis find it supports them in the yoga they love.

*You must be in Current Standing to be eligible for membership.

Benefits of being a SATYA member

- ▼ Your **free listing in our online teacher directory** makes it easy for students to find you. If you are not teaching, you may easily opt out of this directory listing.
- ▼ Take advantage of **significant discounts on programs** at our Exton Campus, in **phone courses** and **forum phone calls**.
- ▼ Get new clarity and inspiration in the **SATYA Q&A** with detailed responses to important questions about healing and personal growth, as well as about teaching and practicing Svaroopo® yoga.
- ▼ **Professional Liability Insurance** for teachers, including coverage for yoga therapy sessions, including discounted membership in our partnered organization.
- ▼ Get pose clarifications and teaching pointers, plus read news and articles from other members in our “**Tadaa!**” **community newsletter**.
- ▼ Stay up-to-date with the latest information in **SATYA News & Updates**.
- ▼ Enjoy full access to the **online archive** of “Tadaa!” and “SATYA Q&A” back issues – over 200 questions with Swamiji’s personal responses
- ▼ Be the first to get **Swamiji’s monthly contemplation** articles
- ▼ Get the **inspiring quotes** that are shared in Svaroopo® yoga classes or to paste up on your bathroom mirror
- ▼ **Deepen your relationship with your colleagues and teachers**. In Sanskrit, this community is called *kula*, meaning a family or clan. Other Svaroopis truly understand you like only another yogi can.
- ▼ Take advantage of this opportunity to **support Swamiji personally**, with the portion of your SATYA fees that are gifted to her as *guru-dakshina* — an offering of gratitude for her teachings and her work.

What does it cost?

SATYA Membership is only \$15.00 per month, payable by automatic draft (on your credit card, checking or savings account).

If you prefer to prepay, you may pay \$180.00 for the full year. We will advise you when your membership is expiring, so you may renew without missing any benefits.

SATYA Enrollment Form

Please complete and return to:

Master Yoga Foundation, Attention: SATYA • PO Box 33957, San Diego CA 92163-3957

Contact: satya@masteryoga.org or 610-363-9642 ext. 14

Name (first) _____ (last) _____

Home Phone _____

Personal Mailing Address

Email _____ Website _____

Street Address _____ Apt # _____ City _____ State _____

Zip Code _____ Country _____ Business Phone _____

Teacher Directory information (What would you like listed on our Website? If it is the same as above, leave this area blank)

Email _____ Website _____

Street Address _____ Apt # _____ City _____ State _____

Zip Code _____ Country _____ Business Phone _____

- Check One: Yes, please add me to the Svaroopa® e-group
 I am already in the e-group / I prefer not to be in the e-group

- Check One: Monthly Member (fill out bank account or credit card information below)
 Annual Member (please enclose payment for 12 months) \$180.00 e-mail

Bank Account (or other depository account)

I hereby authorize Master Yoga Foundation to initiate debit entries for my monthly membership dues to the bank/depository account indicated below, on the first of each month. I have attached a blank check from the account I want to use, and have clearly marked void on this check, and circled my correct account number. I understand that I may cancel this at any time after the minimum one-year enrollment, by writing a letter of cancellation.

Depository Name (Bank) _____

Transit/ABA Number _____ Account Number _____

Monthly Amount \$15.00 (e-letter) Additional Monthly Donation \$ _____

Signature _____ Today's Date _____

Credit Card

I hereby authorize Master Yoga Foundation to charge my monthly membership dues on the credit card indicated below, on the first of each month. I understand that I may cancel this at any time after the minimum one-year enrollment, by writing a letter of cancellation.

Cardholder Name _____

Card Number _____ CVV Code _____ Expiration Date _____

Monthly \$15.00 Annual \$180 Additional Monthly Donation \$ _____

Signature _____ Today's Date _____